Table 5: Results of the analysis of variance (ANOVA) for the multiple regression model.

Regression weights	Beta coefficient	t-value	p-value
RMDQ ® SF-MPQ	0.373	3.631	0.001
RMDQ ® FABQPA	0.245	2.492	0.015
RMDQ ® WHOQOL-BREF Q1	-0.275	-2.743	0.008

SF-MPQ: short form McGill pain questionnaire, RMDQ: disability using the Roland-Morris disability questionnaire, FABQPA: kinesiophobia using the fear-avoidance belief questionnaire during physical activity, WHOQOL-BREF: World Health Organization quality of life scale.