**Table 4:** Summary of the multiple regression analysis predicting the Roland-Morris disability questionnaire score.

| Source | R | $R^2$ | Adjusted $R^2$ | Std. Error | F | p-value |
|---|---|---|---|---|---|---|
| **Regression** | 0.671 | 0.450 | 0.425 | 4,044 | 17.975 | 0.000 |