

**Table 2:** Internet Addiction Test, Beck Depression Inventory, UCLA Loneliness and General Health Questionnaire-28 total scores according to the level of internet use as assessed by the Internet Addiction Test.

| <b>Internet use (IAT score range)</b> | <b>normal use (0-30)</b> | <b>mild addiction (31-49)</b>     | <b>moderate addiction (50-79)</b> |
|---------------------------------------|--------------------------|-----------------------------------|-----------------------------------|
| <b>Mean Total IAT Score</b>           |                          | <b>F(2) =535.619, p &lt;0.001</b> |                                   |
|                                       | 19.38 (6.836)            | 37.32 (5.045)                     | 57.58 (6.633)                     |
| <b>Mean Total BDI Score</b>           |                          | <b>F(2) =17.403, p &lt;0.001</b>  |                                   |
|                                       | 7.56 (7.899)             | 11.18 (7.841)                     | 17.45 (9.655)                     |
| <b>Mean Total UCLA Score</b>          |                          | <b>F(2) =24.033, p &lt;0.001</b>  |                                   |
|                                       | 35.32 (9.205)            | 40.22 (9.353)                     | 48.87 (11.694)                    |
| <b>Mean Total GHQ-28 Score</b>        |                          | <b>F(2) =24.896, p &lt;0.001</b>  |                                   |
|                                       | 20.91 (11.818)           | 27.88 (12.330)                    | 37.75 (13.879)                    |

Values are reported as means with standard deviation in brackets. IAT: Internet Addiction Test, BDI: Beck Depression Inventory, UCLA: University of California, Los Angeles Loneliness scale, GHQ-28: General Health Questionnaire-28.