

Table 2: Comparisons of the mean scores on the Barthel Index, the Greek version of the Patient Health Questionnaire-9, and the Greek version of the World Health Organization Quality of Life Brief Version questionnaires before and after the rehabilitation program regarding the enrolled stroke patients hospitalized in the sub-acute phase in the rehabilitation clinic.

	Initial Assessment	Follow-up	p value
BARTHEL INDEX	47.00 ± 28.42	65.80 ± 27.26	<0.001
PHQ-9	9.74 ± 4.23	5.04 ± 3.53	<0.001
Absence	3 (6 %)	24 (48%)	
Mild depression	22 (44 %)	4 (8%)	(Z =-5.686)
Moderate depression	17 (34 %)	22 (44%)	<0.001
Moderately severe depression	8 (16 %)	-	
WHOQOL-BREF	4.88 ± 1.61	6.8 ± 1.61	<0.001
Physical Health	45.50 ± 8.00	55.92 ± 10.03	<0.001
Psychological Health	51.66 ± 11.66	62.33 ± 11.29	<0.001
Social Relationships	50.50 ± 14.12	58.83 ± 13.19	<0.001
Environment	57.75 ± 11.47	65.12 ± 10.64	<0.001

Values are presented as absolute frequency and percentage in brackets or means ± standard deviation, PHQ-9: Patient Health Questionnaire 9, WHOQOL-BREF: World Health Organization Quality of Life Brief Version.