

Table 4: Stepwise regression coefficients for the Beck Depression Inventory-II score (dependent variable) and age, gender, duration of psoriasis, past depressive episodes, other physical illnesses, psoriasis sites (face-torso), Body Surface Area, and Resilience Scale scores (independent variables).

4a.

Model	Standardized Coefficients	t	p	95.0 % Confidence Interval for B		Adjusted R ²	S.E. of the estimate	
				Beta	Lower Bound			Upper Bound
1	(Constant)	7.906	<0.001	40.890	68.645	0.371	9.247	
	Resilience	-0.618	-5.881	<0.001	-0.398			-0.196
2	(Constant)	4.174	<0.001	18.919	53.863	0.456	8.597	
	Resilience	-0.501	-4.791	<0.001	-0.341			-0.140
	Gender	0.327	3.128	0.003	2.776			12.678
3	(Constant)	5.134	<0.001	28.127	64.173	0.513	8.133	
	Resilience	-0.486	-4.907	<0.001	-0.329			-0.138
	Gender	0.283	2.827	0.007	1.946			11.441
	Other physical illnesses	-0.257	-2.729	0.009	-10.372			-1.587

4b.

Excluded variables ^a				
Model		Beta In	t	p
1	Age	0.159 ^b	1.531	0.131
	Gender	0.327 ^b	3.128	0.003
	Duration of psoriasis (years)	0.167 ^b	1.607	0.114
	Other physical illnesses	0.300 ^b	3.036	0.004
	BSA	-0.226 ^b	-2.213	0.031
	Past depressive episodes	-0.219	-2.117	0.039
	Psoriasis symptoms on the face	0.002	0.019	0.985
	Psoriasis symptoms on the torso	-0.075	-0.707	0.482
2	Age	0.123 ^c	1.258	0.214
	Duration of psoriasis (years)	0.109 ^c	1.089	0.281
	Other physical illnesses	0.257 ^c	2.729	0.009
	BSA	-0.164 ^c	-1.648	0.105
	Past depressive episodes	-0.171 ^c	-10.735	0.0088
	Psoriasis symptoms on the face	0.071 ^c	0.701	0.486
	Psoriasis symptoms on the torso	-0.030 ^c	-0.300	0.765
3	Age	0.011 ^d	0.100	0.921
	Duration of psoriasis (years)	0.095 ^d	1.003	0.320
	BSA	-0.167 ^d	-1.788	0.080
	Past depressive episodes	-0.146 ^d	-1.549	0.127
	Psoriasis symptoms on the face	0.053 ^d	0.551	0.584
	Psoriasis symptoms on the torso	-0.018 ^d	-0.186	0.853

^a: dependent variable: BDI-II, ^b: predictors in the model: (constant), resilience, ^c: predictors in the model: (constant), resilience, gender, ^d: predictors in the model: (constant), resilience, gender, other physical illnesses, BDI-II: Beck Depression Inventory-II, BSA: Body Surface Area.