

Table 3: Results of each particular tests used in the comprehensive geriatric assessment in the three age subgroups of the elderly patients.

Name	Young-old (65-74 years)	Middle-old (75-84 years)	Oldest-old (≥85 years)
ADL			
- full functionality	214 (98 %)	128 (94 %)	68 (84 %)
- moderate functional impairment	3 (1 %)	2 (2 %)	7 (8 %)
- severe functional impairment	3 (1 %)	6 (4 %)	7 (8 %)
IADL	23.12 ± 2.49	21.04 ± 3.97	18.33 ± 5.0
MMSE			
- without cognitive impairment	205 (93 %)	108 (79%)	39 (47%)
- cognitive impairment	15 (7 %)	28 (21%)	43 (53%)
GDS			
- without depressive symptoms	176 (80 %)	82 (60 %)	42 (51 %)
- mild depression	38 (17 %)	43 (32 %)	33 (40 %)
- severe depression	6 (3 %)	11 (8 %)	7 (9 %)
TT			
- no risk of falls	183 (83 %)	70 (52 %)	29 (35 %)
- increased risk of falls	37 (17 %)	66 (48 %)	53 (65 %)
MNA			
- adequate nutritional status	175 (80 %)	105 (77 %)	54 (65 %)
- the risk of malnutrition	36 (16 %)	24 (18 %)	24 (30 %)
- malnutrition	9 (4 %)	7 (5 %)	4 (5 %)
CFS			
- not evaluated as frailty syndrome	193 (88 %)	78 (57 %)	23 (28 %)
- symptoms of frailty syndrome	27 (12 %)	58 (43 %)	59 (72 %)
AIS			
- lack of insomnia	142 (65 %)	76 (56 %)	38 (46 %)
- minor problems with sleep	54 (25 %)	37 (27 %)	25 (30 %)
- insomnia	24 (10 %)	23 (17 %)	19 (24 %)

Values are given as points scored and corresponding percentage in brackets or mean score and standard deviation, ADL: Activities of Daily Living, IADL: Instrumental Activities of Daily Living, MMSE: Mini-Mental State Examination, GDS: Geriatric Depression Scale, TT: Timed Up and Go Test, MNA: Mini Nutritional Assessment Short Form, CFS: Clinical Frailty Scale, AIS: Athens Insomnia Scale.