

**Table 9.** Correlations of scores of Pittsburgh Sleep Quality Index (PSQI), General Health Questionnaire-12 (GHQ-12), and Short Form Health Survey-36 (SF-36) subscales.

	Physical Functioning	Vitality	Mental Health	Social Functioning	Bodily Pain	General Health	Physical Role	Emotional Role	Physical Component	Mental Component
<b>PSQI</b>	$r = -0.291$ $p < 0.001$	$r = -0.369$ $p < 0.001$	$r = -0.332$ $p < 0.001$	$r = -0.298$ $p < 0.001$	$r = -0.417$ $p < 0.001$	$r = -0.167$ $p = 0.048$	$r = -0.358$ $p < 0.001$	$r = -0.413$ $p < 0.001$	$r = -0.402$ $p < 0.001$	$r = -0.469$ $p < 0.001$
<b>GHQ-12</b>	$r = -0.306$ $p < 0.001$	$r = -0.674$ $p < 0.001$	$r = -0.639$ $p < 0.001$	$r = -0.401$ $p < 0.001$	$r = -0.451$ $p < 0.001$	$r = -0.334$ $p < 0.001$	$r = -0.333$ $p < 0.001$	$r = -0.575$ $p < 0.001$	$r = -0.457$ $p < 0.001$	$r = -0.743$ $p < 0.001$

PSQI: Pittsburgh Sleep Quality Index, GHQ-12: General Health Questionnaire-12, SF-36: Short Form Health Survey-36.