

Table 1: Urea, creatinine, glomerular filtration rate (eGFR-MDRD) in the adherent group (AG) and non-adherent (NAG) groups according to the adherence to the recommended protein consumption, at baseline and 12-month follow-up.

Parameters	AG group (n =24)		NAG group (n =23)		p
	Baseline	After 12 months	Baseline	After 12 months	
Urea (mmol/L)	10.9 ± 6.1	11.7 ± 7.56	11.2 ± 7.6	13.5 ± 7.3	ns
Creatinine (μmol/L)	147.1 ± 83	156.5 ± 75	163.6 ± 69	171.2 ± 53	ns
eGFR-MDRD (ml/min)	57.68 ± 4.	56.11 ± 4.8	55.45 ± 7.0	52.46 ± 7.2	0.04
GFR drop after 12 months (ml/min)		1.57		2.99	0.009

AG: adherent group, NAG: non-adherent group, ns: not significant, eGFR-MDRD: estimated glomerular filtration rate-Modification of Diet in Renal Diseases.