Table 1: Sociodemographic and clinical characteristics of the sample included in this prospective observational study.

	Sample ($t1$, $t2$)	Sample ($t3$)
	n =87	n =29
Gender, n (%)		
Male	48 (55.2)	13 (44.8)
Female	39 (44.8)	16 (55.2)
Age (years)		
Mean (±SD)	67 (±9.46)	67 (± 9.16)
Range	50-90	50-88
Body mass index (kg/m^2)		
Mean (±SD)	30.12 (±5.2)	29.21 (±5.07)
Range	23.72-42.22	22.19-38.57
Marital status, n (%)		
Unmarried	3 (3.4)	1 (3.4)
Married	75 (86.2)	22 (75.9)
Divorced	3 (3.4)	2 (6.9)
Widowed	6 (6.9)	4 (13.8)
Educational level, n (%)		
Primary	15 (17.2)	5 (17.2)
Secondary	48 (55.2)	19 (65.5)
Tertiary	24 (27.6)	5 (17.2)
Employment status, n (%)		
Retired	39 (44.8)	14 (48.2)
Employed-office	24 (27.6)	9 (31)
Employed-manual	24 (27.6)	6 (20.7)
Number of comorbidities, n (%)		
1	58 (66.7)	14 (48.3)
2	12 (13.8)	6 (20.7)
3 or more	5 (5.7)	1 (3.4)

n: Number, SD: standard deviation.