

Table 2: Effects on adipokine levels of therapeutic interventions used in patients with nonalcoholic fatty liver disease.

	Adiponectin	Leptin	Resistin	Irisin
Lifestyle changes (weight loss, diet, exercise)	Conflicting data	Decrease	No effect	Increase
Orlistat	Increase	Decrease	No effect	No data
Bariatric surgery	Increase	Decrease	Decrease	No effect
Pioglitazone	Increase	Decrease	Decrease	No data
Vitamin E	Increase	No effect	No effect	No data
Ursodeoxycholic acid	No effect	No effect	No effect	No data
Metformin	Decrease	Decrease	Decrease	Decrease
Statins	Conflicting data	No effect	No effect	Increase
Fibrates	Increase	No effect	No effect	No data
Angiotensin receptor blockers	Increase	No effect	No effect	No data