

Table 1: Effects of adipokines on insulin sensitivity and liver histology.

	Adiponectin	Leptin	Resistin	Irisin
Insulin sensitivity	Improvement	Worsening	Worsening	Worsening
Liver histology	Inhibits steatosis and fibrosis	Promotes steatosis, inflammation and fibrosis	Promotes inflammation and fibrosis	Inhibits steatosis