

Table 3: Anthropometric and nutritional status and malnutrition stages of the 90 COPD patients according to Nutritional Risk Screening 2002 (NRS-2002) subscales.

Variables	n	%
BMI < 20.5		
Yes	21	23.3
No	69	76.7
Weight Loss		
Yes	78	86.7
No	12	13.3
Decrease in Food Intake		
Yes	85	94.4
No	5	5.6
Severe Disease Stage		
Yes	56	62.2
No	34	37.8
Malnutrition		
Absent	19	21.1
Mild	24	26.7
Moderate	22	24.4
Severe	25	27.8
Severity of the Disease		
Mild	67	74.4
Moderate	22	24.4
Severe	1	1.2
Total	90	100.0

n: number of patients, BMI: body mass index.