Table 1: Lipid profile depending on coffee drinking habit and the various types of coffee consumed by 875 conscript healthy soldiers enrolled in this cross-sectional observational study.

	Not coffee drinkers (n=145)	Coffee drinkers (n=730)	Coffee drinkers (divided in categories)		
			NES coffee (n: 127)	'Greek' coffee (n: 57)	Frappe coffee (n: 546)
	Mean ± SD	Mean ± SD	Mean ± SD	Mean ± SD	Mean ± SD
Cholesterol*,**	200.71 ± 41.8	209.96 ± 49.3	233.6 ± 45.7	239.0 ± 52.6	201.3 ± 46.1
LDL*	122.4 ± 43.5	138.13 ± 49.7	171.2 ± 42.5	174.2 ± 54.8	127.3 ± 41.4
HDL*,***	61.2 ± 8.6	49.10 ± 4.44	54.5 ± 5.4	56.8 ± 5.0	61.2 ± 2.1
TG**	88.8 ± 33.3	104.46 ± 74.2	43.4 ± 11.02	44.2 ± 11.0	63.9 ± 20.1

SD: standard deviation, n: number, HDL: high-density lipoprotein, LDL: low-density lipoprotein, TG: triglycerides, (LDL), * p <0.001 between drinkers group (post hoc Bonferroni t-test), ** p <0.05 between coffee drinkers (whole sample) and controls (t-test), *** p <0.001 between coffee drinkers (whole sample) and controls (t-test).