

**Table 1:** Relationship between apnoea/hypopnoea index (AHI) and severity of obstructive sleep apnoea syndrome (OSAS).

<b>AHI (Events/hour)</b>	<b>OSAS Severity</b>
AHI <1	Normal
AHI $\geq 1$ and $\leq 5$	Mild OSAS
AHI >5 and $\leq 10$	Moderate OSAS
AHI >10	Severe OSAS

AHI: Apnoea/Hypopnoea Index, OSAS: Obstructive Sleep Apnoea Syndrome.